

Inclusive Orkney

Trustees' Annual Report

2022-2023



Contact Information

Inclusive Orkney

Scottish Charity Number: SC051274

Address: 4 Viewfield Road

Kirkwall

ORKNEY

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Facebook: [Inclusive Orkney | Facebook](#)

Charity Trustees

1. Caroline Heddle - Chair
2. Shannon Tait - Secretary
3. Katrina Budge - Treasurer
4. Elizabeth Morris - Committee Member
5. Karin Spence - Deputy Chair
6. Joanne Cairnes - Committee Member

Objectives and Activities

Inclusive Orkney was set up to support and create inclusive opportunities for children with additional needs and their families in Orkney, provide comprehensive signposting to services, work collaboratively with key partners to deliver arts, sports, music and theatrical opportunities through support sessions, raise awareness of additional support needs and play an active role in the wider community.

What are our aims?

- Work with folk throughout Orkney to provide fun and varied opportunities for children with additional needs, which allow them to engage with others in the wider community.
- Have a long term aim of finding, setting up and establishing an indoor and outdoor space where children and families can come to socialise, support each other and most importantly have fun in a safe and welcoming space
- Work with a range of agencies to provide robust signposting for families.
- Provide a support network for families and children with additional needs.

What we do?

We work to put in place a range of fun and engaging activities for children with additional needs and their families, we work with other agencies to discuss and enhance signposting for families, we speak with parents and carers directly to find out what is important to them and their children to help shape our service (done through conversations at weekend club and regular online surveys), we work with other services to enhance the provisions for children with additional support needs and their families, we are working to raise the profile in the community.

Who is Inclusive Orkney for?

Inclusive Orkney is for children with additional needs and their families. We actively encourage siblings of children with additional needs to come along to our weekend clubs so that the whole family can enjoy spending time together engaging in a range of fun activities.

Additional support needs can arise, in the short or long term, from a variety of circumstances including:

- the learning environment
- family circumstances
- health or disability needs
- social and emotional factors

(from Scot Gov website)

We are focussed on reducing barriers and providing and promoting positive and inclusive opportunities for children and young people and their families to participate, connect, grow, develop, and enjoy a confident and full life.

Structure, governance and management

Governing Document

Inclusive Orkney has a constitution document which sets out the purpose and structure of the charity. The charity must comply with what is set out in the constitution.

Trustees

Inclusive Orkney's trustees have a range of experience supporting children with additional needs. The charity is made up of Parents, a Speech and Language Therapist, Additional Support Class Teachers and Support for Learning Assistant. It is important to us as a charity to have a committee and volunteers that are passionate about supporting the charity's aims and have a range of experiences and skills. We particularly want to have input from parents/carers of children with additional needs.

Finance

Inclusive Orkney couldn't be where it is today without the help and support of generous donations from the community in Orkney, fundraising and grant applications. The majority of expenses in 2022/2023 were for the purchase of toys and equipment for our weekend club and for the hire of spaces to hold our weekend club in.

Funding was received from Cooke Aquaculture Scotland from their Community Benefit Fund, for a total of £500. The funding was then used to purchase resources for our weekend club

We would like to take this opportunity to thank for the following people for their donations:

Bruce Simpson for his Birthday donations.

Sophie Rendall, sharing her 50/50 "Pot of Gold" with a chosen charity.

Martin Flett on behalf of Alfred Flett Ltd in celebrating 50 years in business.

Darryl Budge for his "scooter challenge"

Glaithness School Charities Committee

Evie Sports Committee

Rotary Club

Rugby Club

Friends of Stoneworks Orkney

Lows Orkney.

Tesco in Kirkwall

As well as all our individual donations.

Analysis of Income for 2022/2023

Donations and Fundraising	£10,849
Weekend Club Donations	£296
Total	£11,145

Analysis of Expenditure for 2022/2023

Weekend Club	£4061
Raising Funds	£1080
Total	£5141

Funds as at 31.03.2023

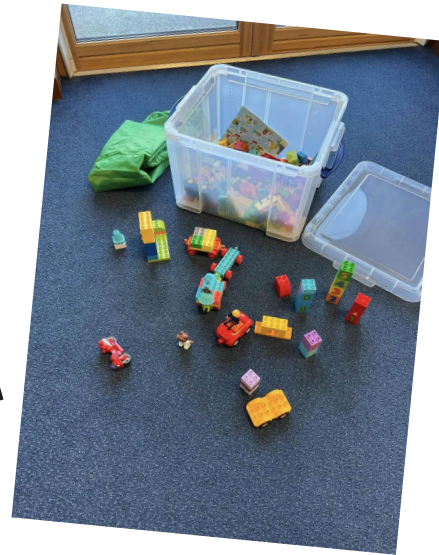
Restricted - £0.00

Unrestricted - £17406

Achievements and Performance

Weekend Club

We have been continuing to build on the success of our weekend clubs. The club takes place on the first Sunday of each month and continues to be resourced through funding and fundraising. Children and their families attend together. We now have a fixed venue that we use each month which has a wonderful outdoor space which has allowed us to widen the types of activities we can offer to our children and families. The club aims to be very informal and we strive to create a relaxed, safe and fun environment for children to play and have fun and for parents and carers to relax and have a chat. We have a super group of volunteers who take it in turns to come along and help out. We have been trying to have a range of different activities at our weekend clubs and visits from different groups such as dance teachers and Bookbug.




Games Afternoon and Cycling Event

In August 2022 we worked alongside Ability Shetland, The Picky Centre, Cycle Orkney and Active Schools to put in place a day of cycling and games.

The cycling event took place in the morning at the outdoor track at the Picky Centre. It was open to children and adults with additional needs. There was a big selection of accessible bikes and trikes.


Inclusive Cycling Event

Come along to our Inclusive Cycling Event and have fun trying a range of adapted bikes and even bring your bike along for some basic bike maintenance from a trained bike specialist. The picky track is booked for you to come along with your family and have lots of fun - all ages and abilities welcome.



When: Saturday 30th July 11.00 - 12.30pm
Where: Pickaquoy Outdoor Track
Who: Open to all children and adults with additional support needs and their families.

Please email your interest and any questions to inclusiveorkney@gmail.com



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Come and try games afternoon

Come along to our free open games afternoon in the main arena at the Pickaquoy Centre. We look forward to sharing boccia, table cricket, sports hall athletics and free play.



When: Saturday 30th July 2.30-5pm
Where: Pickaquoy Main arena
Who: Open to all children and adults with additional support needs and their families

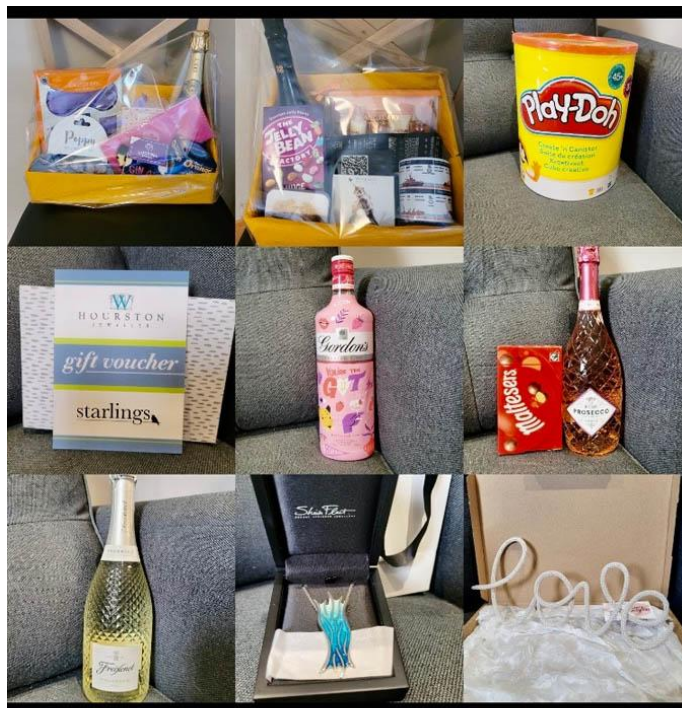
Please email your interest and any questions to inclusiveorkney@gmail.com



Fundraising

County Show

Last summer we had a stall at the County Show in order to raise funds and to carry out some awareness raising about what we do. We had different activities including a bottle stall, raffle, Guess the Sweeties in the jar and some animal themed games for children. The stall was well attended and we raised a total of £1432.20.



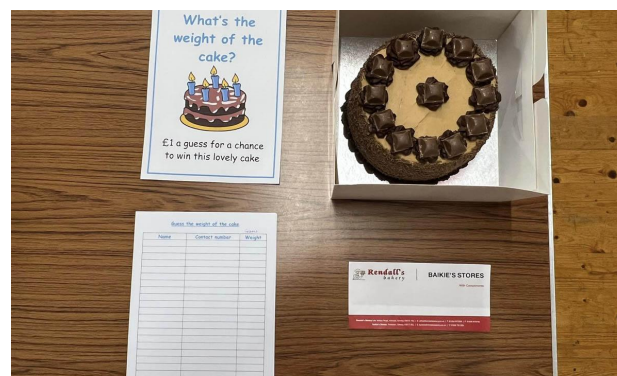
Christmas Fayre

We had a stall at the local Christmas Fayre in order to raise funds and carry out some awareness raising about what we do. We sold some chocolate tree decorations, had a raffle for a hamper and lucky squares. The fayre helped us raise a total of £473.46.



Coffee Morning

In February we held an 'Inclusive Orkney' coffee morning to raise funds. It was very well attended and we were very grateful for the wonderful baking given to us by friends of 'Inclusive Orkney' and the support we received from various businesses to help make the coffee morning a big success. Rendall's bakers donated a beautiful cake for us to use in a game of 'Guess the Weight of the Cake'. We had a raffle prize donated by 'Grooves' toy shop and a wonderful balloon arch to decorate the hall created for us by Faff & Fuss. The coffee morning helped us raise £961.70.



Peedie Cubby

In December 2022 we had a week's slot in the 'Peedie Club' selling a range
bric-a-brac,
clothing and other items people had donated to us. We raised over £1213.10.

Working with other agencies

In the run up to March 2023 we worked with 'Family Fund' to arrange a visit to Orkney. During this visit Salena Begley (Family Fund's Partner Engagement Manager for Scotland) ran drop-in sessions to gather feedback from families about their experiences around planning for their child with additional needs. Salena also attended our weekend club to share information with families about the grants that Family Fund can offer.

HAVE YOUR SAY...

... about what matters to families with disabled children



Families with disabled children should be able to inform and influence the design of Scottish Government policy.

Family Fund are part of a group that advises Scottish Government about support for disabled children, young people, and their families. We want to hear your views and experiences! This will feed into the development of the new National Care Service and the National Transitions to Adulthood Strategy. Come talk to us:

Saturday 4 March

Drop in anytime -
10.00am-4.00pm
Room 2, St Magnus Centre
Palace Road, Kirkwall
KW15 1PA

or

Sunday 5 March

Focus group 10.00am - 11.30am
Lifestyles Centre,
Pickaquoy Centre, Kirkwall.
*Open to families with a child
registered to attend Inclusive
Orkney's activity session at The
Lifestyles Centre.*

We will also have information about our grants and will be happy to answer any questions.

If you would like to help but cannot make these dates, please get in touch:
07789 993921 | Salena.Begley@familyfund.org.uk

 **Family Fund**
Helping disabled children
www.familyfund.org.uk

AGM

In November 2022 we held our AGM. We ran through what the charity had achieved in the last year, gave a breakdown of the charity's finances and confirmed who would be on the committee for the following year and what role they would fulfill. It was suggested to us by a parent that making the meeting accessible via zoom may be a good way to ensure that as many people as possible could access and make contributions to the meeting as possible. As a result of this suggestion we have set up a link for the next AGM.



AGM

Please join us at the
Lifestyles Centre in The Pickaquoy Centre
On Tuesday 29th November
At 7pm

Presentation of our Trustee Report up to 31.03.202

Charity Number: SC051274

Volunteers

We have continued to increase our number of volunteers. We contacted local secondary schools to enquire if there were any students interested in pursuing a career working with children or young people, wanting to get involved in things going on in their local community or wanting to meet new people. We are keen to have the time our young volunteers are giving us recognised and celebrated and therefore we encourage our young volunteers to be part of the Saltire Awards.



Future Plans

In the next year Inclusive Orkney aims to:

- Continue to deliver weekend clubs that are relaxed, inclusive, friendly and positive experiences for all who come along.
- Invite different people from the community to come and run some sessions at the weekend club i.e baking, art, music sessions, dance.
- Launch a website that contains useful information and links.
- Continue with fundraising and awareness raising opportunities/activities.
- Develop a youth club session for older children with additional needs
- Work with local healthcare providers to have more robust signposting in place and to make routine medical appointments and hospital visits as positive an experience as possible.
- Work with others to continue to put in place a range of engaging activities and experiences for children to participate in within their community

Declaration

Signed on behalf of the charity trustees:

Print name

Designation

Date